

Uganda 2010

Join Just Like My Child Foundation & The Collective Heart for a Unique Glimpse into the Country and an Educational Experience of a Lifetime!

Itinerary Dates Including Travel Time: July 17-July 24, 2010

*Itinerary is subject to change

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Itinerary

Saturday, July 17th – Depart North America

Preliminary

Along the way meet Just Like My Child Foundations current Program Manager, Tessa Davis who served as a Peace Corps volunteer in Uganda and was the Country Director for The Children's Academy for the Collective Heart School Building project. Tessa will be acting as a tour guide, translator and expert on culture. Take the opportunity to ask any questions you might have and get prepared for the trip of a lifetime.

Sunday, July 18th – Arrive in Entebbe

Introductions:

The Bishop Asili Hospital driver, Ogwang Toby will greet you at the airport in Entebbe and transport you to a comfortable guest house in Luwero, Uganda. The guest house is located in a picturesque village setting on the grounds where Bishop Asili Hospital is located. Amenities include high speed wireless Internet, meals & snacks throughout the day, cold beverages, hot showers and mosquito net covered beds. Upon arrival, the ever charming guest house care taker Maria will help you to get settled into your private room before a delicious local meal is served and shared with Sister Ernestine Akulu,



Monday, July 19th – Project Tours

Bishop Asili Hospital Grounds:

Tour Bishop Asili Hospital on a busy clinic day when the registered HIV positive patients come for CD4 count analysis, counseling, treatment of opportunistic infections and distribution of Anti Retro Viral drugs. Meet the extraordinary staff and learn about the many services that the hospital is able to provide with the help of Just Like My Child Foundation, such as a CD4 count machine, Surgical Suite, Medical Equipment and doctor. Volunteer your time in the pharmacy counting pills or brighten the day of the little patients in the children's ward by coloring with them. Witness a child being born, assist the nurses in taking and recording patients vitals or simply bring people hope with your very presence. There is always much to learn and plenty of work to be done. Your help will not go unnoticed or unappreciated.



Project GRACE:

Together with Just Like My Child Foundation, Bishop Asili Hospital has launched Project GRACE (Guiding Resources and Creating Empowerment), a micro-finance program designed to lift healthy HIV positive clientele out of poverty through self motivated and sustainable income generation activities involving pigs and poultry. Visit some of the pilot participants to learn how sustainable micro-finance projects are impacting their quality of life.



Tuesday, July 20th – School Project Tours

Potential School Building Projects:

Visit the village community of Kyvunze, which is high on the list of priority for a potential school building project. Gain perspective on what the situation is like in Uganda for children attending school. 3 Primary School represents a typical learning environment for the children of Uganda. The students are learning in dilapidated buildings with dirt floors and crumbling walls. The frustrated educators lack the necessary learning materials to ensure their teaching approaches are effective. See first hand just how detrimental their current situation is to the future of their students.



The Children’s Academy for the Collective Heart:

Tour the classrooms and meet the staff and students of the first school built in Uganda by Just Like My Child Foundation on behalf of Beau Ford with the help of The Collective Heart Foundation. Observe lessons, meet the children and speak with the staff. Compare for yourself the level of impact that a quality learning environment can have on a community. Travel back to Bishop Asili Guest House in the evening for relaxation, reflection and a delicious meal.



Wednesday, July 21st – School Project Tours

Current School Building Projects:

Roll up your sleeves and help the community of Namumira in building their classroom block. Observe first hand the necessity and impact that community based involvement has on Just Like My Child Foundations developmental efforts in Uganda. Learn how to make environmentally sustainable interlocking bricks that are used in all of the school building construction projects. Meet the amazing team of dedicated Project Coordinators, Construction Supervisors and Project Support Committees that Just Like My Child works with daily on the ground.

Completed School Building Projects:

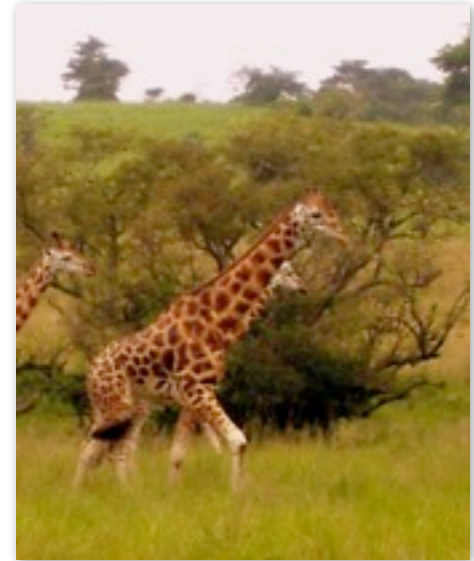
Visit St. Joseph Magogo Primary School, which is the second school building project completed by Just Like My Child Foundation with the help of The Collective Heart Foundation. Gain insight into the valuable impact that The Collective Heart visualization training has had on the staff and students of the schools built in Uganda. Celebrate with the community their successes and soak in all of their appreciation. Spend the evening relaxing and reflecting over a well prepared local meal. Pack for a two day fun filled excursion that will begin the following day.



Thursday, July 22nd – Safari

Excursion

With magnificent views of the majestic Murchison Falls, Paraa Safari Lodge offers a unique blend of comfort, relaxation and adventure. Set in a small area of landscaped gardens, the lodge recreates the mood of quiet elegance. With some of the country's finest attractions on the doorstep, you will enjoy an impressive range of activities. You will leave Bishop Asili Hospital in the morning and arrive at Paraa Lodge in time to get settled into your room and enjoy a nice lunch. Then the Bishop Asili driver will take you out for a game drive through bushland teeming with a wide variety of wildlife. You will then take a boat ride down the Nile River to the foot of the gorgeous Murchison Falls. In the evening relax and appreciate the superb setting and cuisine.



Friday, July 23rd – Safari

Excursion

The following morning enjoy a lovely breakfast before departing to the top of the falls for a walk around the cliffs and right up to the edge of the breath-taking falls themselves. The mesmerizing scenery, sounds and pure rush of the water will change your soul for the better. There really is nothing like it. Travel back to Bishop Asili and pack up for departure tomorrow. Enjoy your last meal at the guest house before departure back to North America tomorrow.

Saturday, July 24th – Departure for North America

Shopping

After saying your goodbyes to your lovely hosts in Luwero, stroll through the National Theatre craft market in the Capital City, Kampala. You can find almost anything made in Uganda, including mats, bracelets, artifacts, beads and so much more. Bargain with the locals for a fair price and take home something that will remind you of the amazing experience you've had in the Pearl of Africa. Travel to Entebbe airport for departure back to North America. Uganda will never leave your heart!!

